

Dietetic Department

The Wellington Hospital, North Building

Head of Dietetics

Tel 020 7483 5391

Or 020 7586 5959 ask for
page 7232

Fax 020 7483 5152

Senior Dietitians

Tel 020 7483 5392

Or 020 7586 5959 ask for
page 7233 or 7234

The Wellington Hospital
Wellington Place
St. Johns Wood
London NW8 9LE

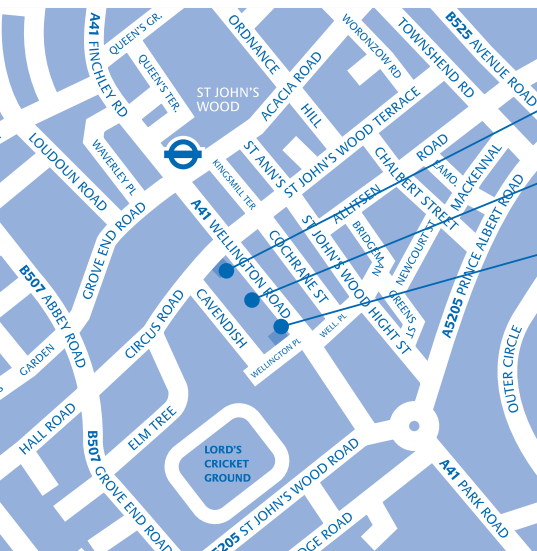
Tel 020 7586 5959

Fax 020 7586 1960

www.thewellingtonhospital.co.uk



HCA
International



The Wellington Hospital North

Wellington Central

The Wellington Hospital South

Nearest London Underground Station

St. John's Wood on the Jubilee Line.

Parking

Limited pay & display parking is available in surrounding streets and a Masterpark Car Park is in Kingsmill Terrace. Call 020 7722 1404 for availability and rates.

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The Wellington Hospital
Department of Dietetics

Dietetic In-patient & Out-patient Services

There has been an increased awareness for the need to follow a healthy balanced diet for the prevention of disease.

What we do:

Registered Dietitians have the professional knowledge and experience to establish nutritional needs and to recommend appropriate nutritional treatment to help ensure a positive effect on patients' nutritional status, aid the recovery process, control symptoms and improve wellbeing.

The Wellington Hospital Dietetic Department consists of qualified Registered Dietitians who hold current registration with the Health Professions Council (HPC) and are members of the British Dietetic Association (BDA) and so work within their Professional Code of Conduct. They are a key part of the healthcare team.

Referral process:

The Dietetic service is available for all inpatients and outpatients during their treatment, referrals are accepted in writing by a Consultant or GP (with consulting rights).

In-patient service

The Dietitian will assess each patient and give advice and support to ensure that the nutrition available to them is adequate, acceptable and appropriate for their needs during their hospital stay.

Out-patient service

Out-patient appointments are available Monday to Friday 9.30am-4.00pm.

How to contact us:

For more information, or to make an appointment, contact:

Hilary Maxted BSc (Hons) RD mBDA

Head of Dietetics

Tel 020 7483 5391 Or 020 7586 5959 ask for page 7232

Fax 020 7483 5152

Email hilary.maxted@hcahealthcare.co.uk

Website www.thewellingtonhospital.co.uk

As well as providing advice about nutrition and health, Dietitians advise about food related problems and treat disease and ill health.

A Dietitian can help you if you suffer from any of the following:

- Allergy
- Anaemia
- Bloating/abdominal discomfort
- Cancer
- Constipation
- Diabetes
- Dysphagia (swallowing difficulties)
- Eating disorders
- Gastro-Intestinal disease
- HIV/AIDS
- Hyperlipidaemia (High blood fats)
- Heart disease
- Inflammatory bowel disease (IBD)
- Irritable bowel syndrome (IBS)
- Liver disease
- Malnutrition
- Pre/post operation
- Renal disease
- Weight gain
- Weight loss

Registered Dietitians are uniquely qualified to translate scientific information about food into impartial, practical dietary advice.

If you are unsure if you need to see a Dietitian ask your Doctor, or contact the Dietetic Department directly.